

# Back to the Basics of HIV/AIDS/STDs & Human Sexuality Education Conference

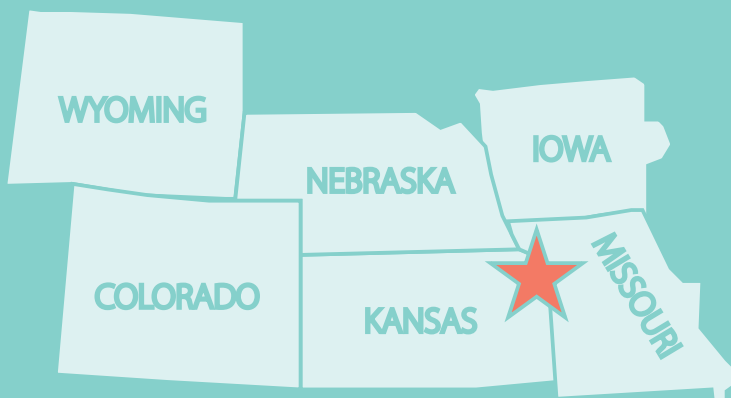


June 10-12, 2009  
Kansas City Airport Hilton

Sponsored by:

Colorado Department of Education  
Iowa Department of Education  
Kansas State Department of Education  
Missouri Department of Elementary & Secondary Education  
Nebraska Department of Education  
Wyoming Department of Education

Kansas Department of Health & Environment  
Missouri Department of Health & Senior Services  
Region VII U.S. Department of Health & Human Services,  
Office of Public Health & Science, Office on Woman's Health



# Conference Overview

## Target Audience

This conference is designed for teachers, school nurses, prevention and care providers, administrators, health professionals, community health planners, physicians, counselors, persons from community-based organizations, members of the faith community, social workers, parents and public health individuals.

## Accreditation

- ❑ CEU's will be available for nurses. For nurses: Please bring your nursing license.
- ❑ CHES credits will be available.
- ❑ Two hours of graduate credit through Baker University will be available on site, **June 10, 2009** at an additional cost of \$50 an hour.

## Registration Information

- ❑ In order to receive an e-mail confirmation, registrations must be received by **June 1, 2009**.
- ❑ Registrants requiring special accommodations to more fully participate in the conference may contact Dr. Darrel Lang at (785) 296-6716. We will do everything to accommodate you.
- ❑ Casual dress is appropriate. To accommodate the temperature variations at the conference, please dress in layers or bring a sweater or jacket.
- ❑ No refunds for cancellations.
- ❑ Below is the link for the conference. All registrations **MUST** be completed online, as no faxed or mailed registrations will be accepted.

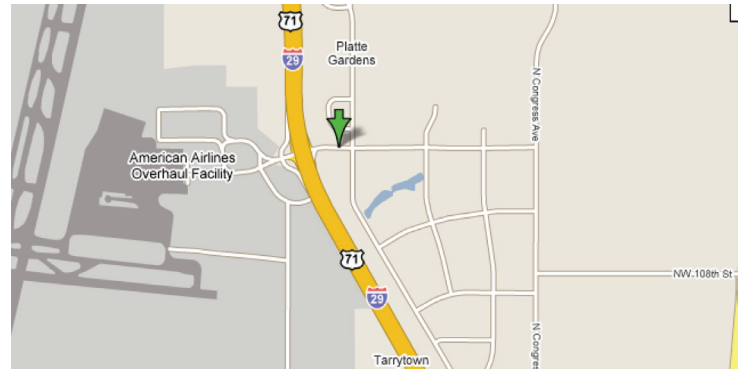
<http://conferences.ksde.org/hiv>

## Fees

Registration fees cover all materials, including conference CD; continental breakfasts, refreshment breaks and lunches.

By June 1, 2009: \$250 After June 1, 2009: \$300

## Directions



## Lodging

*The Back to the Basics of HIV/AIDS/STDs & Human Sexuality Conference* will be held at the Kansas City Airport Hilton, 8801 NW 112 Street, Kansas City, MO 64153. It is located approximately 5 minutes from the Kansas City International Airport. A free shuttle is available to the Hilton for those arriving by air. A block of rooms has been reserved for conference participants: \$107 plus applicable taxes per room per night. Cutoff date for the room block is **May 25, 2009**. To make your reservations, please call the hotel at (816) 891-8900. Be sure to mention that you will be attending the KSDE Human Sexuality Education Conference code KSD sponsored by the Kansas State Department of Education.



8801 NW 112 Street - Kansas City, MO 64153

An Equal Employment/ Educational Opportunity Agency

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# Keynote Speakers

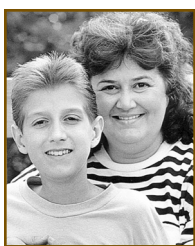


## Forrest L. Alton, MSPH, CHES **An Exploration of What it Takes to Achieve the Impossible: Getting Back to the Basics**

*Wednesday - June 10, 2009  
8:15 - 9:30 a.m.*

*Shawnee Ballroom A/B*

Forrest has been involved in adolescent reproductive health in a variety of capacities and settings for the past 10 years. Currently serving as the Executive Director at the South Carolina Campaign to Prevent Teen Pregnancy, Forrest directs and oversees the Campaign's five mission-based areas of programming: education, technical assistance, public awareness, advocacy, and research. Prior to joining the Campaign in 2002, Forrest worked as the Program Manager of an adolescent pregnancy prevention program in Georgetown, SC. His involvement in teen pregnancy prevention efforts at the national and state level includes serving on multiple boards and advisory committees. Forrest has authored, or co-authored several research projects and publications dealing with teen pregnancy prevention and related issues.



## Jeanne White-Ginder **Weeding Out The Tears: A Mother's Story of Love, Loss, and Renewal**

*Thursday - June 11, 2009  
8:15 - 9:30 a.m.*

*Shawnee Ballroom A/B*

One week before Christmas in 1984, Jeanne White-Ginder was told that her son Ryan, a hemophiliac, had contracted AIDS from a tainted blood product. Although the doctors gave him only six months to live, Ryan's outlook was positive and he was determined to live a relatively normal life. He wanted to stay in school and Jeanne was determined to give her son his dream.

What seemed like a small wish turned into a nightmare when the White's hometown, frightened and uneducated on the realities of AIDS, abused the family and refused to allow Ryan back to school. Jeanne turned to the court system and the news wire grabbed on the story. Ryan became a reluctant international celebrity and Jeanne became an educator of the masses.

Snapped up as a key player in a frightening new health crisis, Jeanne vaulted from anonymity to being a media regular. Her insight into people living with AIDS and family members affected by AIDS earned her the respect of national health figures and interviewers alike.

Jeanne and Ryan won their initial battle suing only for the right to go to school. The courts forced the town to allow Ryan to attend school! However, the town's antagonism remained unmercifully alive. The abuse came to a peak when a bullet was shot through the White's picture window. Jeanne immediately

began to look for a new home.

Their ticket out of Kokomo was the advance for "The Ryan White Story" made into a TV movie based on Ryan's struggles. The Whites took that money and moved to Cicero, Indiana where to their relief, they were wholeheartedly welcomed. Ryan went to school, became an honor roll student, earned a driver's license and traveled to visit Elton John and Michael Jackson (who greatly admired Ryan's courage and with whom he had become good friends) but his health was rapidly deteriorating. On Sunday, April 8, 1990 five and a half years after he was diagnosed with AIDS. Ryan White died. Jeanne and Elton John were by his side.

In August of 1990, Jeanne stepped onto the lecture circuit realizing that this was another avenue for educating young people about HIV/AIDS. She did not claim to be an eloquent speaker, she merely relayed personal triumphs and tragedies of life with Ryan. Her words continue to touch the hearts of all who listen.



## Kenya S. Masala **Working With Rhythm To Help Fight HIV/AIDS**

*Friday - June 12, 2009  
8:15 - 9:30 a.m.*

*Shawnee Ballroom A/B*

Kenya S. Masala is a national corporate development trainer and human development consultant. As co-director of the Source Consulting Group, he is a dose of core invigoration for organizations and communities. With charismatic style and effusive energy, he engages everyone in highly effective (and authentic) leadership and workplace development. He ushers groups through the hard work of growth and expanding excellence, utilizing cutting edge kinesthetic learning modules... and inspires them to celebration!

Kenya facilitates trainings, leadership development programs, outdoor adventure excursions, and phenomenal percussion programs. He also designs and develops multimedia curricula and interactive presentations on a national level. Kenya is a REMO endorsed recreational rhythm facilitator and one of six North American Drum Cafe facilitators. He recently published his first book, "Rhythm Play!" and released his first full-length album, "Soul Journey Groove."

Kenya enthusiastically creates a highly effective learning context, authentically motivating individuals and groups towards excellence. Originally from Jamaica, he currently lives in Austin, Texas with his wife Gabriela and their daughter Talia.

Clients have included: SHAPE Magazine, Dell Inc., Canyon Ranch Health Resort and Spa, Texas Instruments, The City of Phoenix, The City of Tucson, The City of Austin, The Chopra Center for Well Being, The Drum Café, The MS Society, Whole Foods, The University of Arizona, The University of Texas, Rutgers University, The Colorado Department of Education, The Association for Experiential Education, The State of Washington, The Crossings, Nestle Purina, Fluor, ConocoPhillips, and numerous schools/districts in the western part of the United States.

## Wednesday - June 10, 2009

Time	Shawnee Ballroom A	Shawnee Ballroom B	Kansa B	Kansa C/D
7:00 - 8:00 a.m.	Registration/Continental Breakfast			
8:00 - 8:15 a.m.	Introductions/Orientation			
8:15 - 9:30 a.m.	Keynote: An Exploration of What it Takes to Achieve the Impossible: Getting Back to the Basics			
9:30 - 9:45 a.m.	Break			
9:45 - Noon <b>Breakout Session 1</b>	<b>A.</b> Building Partnerships for Youth: Youth Development as a Strategy for Sexual Health	<b>B.</b> HIV 101: It's All About Anatomy!	<b>C.</b> Tried and True - Proven Sexuality Teaching Methods for You	<b>D.</b> Sex and Violence in School and Society: What Health Educators Can Do
Noon - 1:00 p.m.	Lunch			
1:00 - 3:15 p.m. <b>Breakout Session 2</b>	<b>E.</b> Applying the Evidence in Selecting and Developing Sexuality Education Materials	<b>F.</b> STD/HIV Prevention: Keeping it Simple Silly	<b>G.</b> HPV and Other Vaccines for Adolescents	<b>H.</b> Abstain, Postpone or Protect: Building Safe, Responsible Relationships

## Thursday - June 11, 2009

Time	Shawnee Ballroom A	Shawnee Ballroom B	Kansa B	Kansa C/D
7:00 - 8:00 a.m.	Registration/Continental Breakfast			
8:00 - 8:15 a.m.	Introductions/Orientation			
8:15 - 9:30 a.m.	Keynote: Weeding Out The Tears: A Mother’s Story of Love, Loss, and Renewal			
9:30 - 9:45 a.m.	Break			
9:45 - Noon <b>Skill-Building Session 3</b>	<b>I.</b> Taking Action to Engage Parents	<b>J.</b> Role of School Nurse in Teaching About Human Sexuality Education	<b>K.</b> Young Black Men - Myths, Realities and Healthy Future	<b>L.</b> Too Sexy, Too Soon: Sex Education Strategies for Middle School
Noon - 1:00 p.m.	Lunch			
1:00 - 3:15 p.m. <b>Skill-Building Session 4</b>	<b>M.</b> By Youth for Youth: Youth Approved STD/HIV Prevention Concepts and Tools	<b>N.</b> Dramatic Adolescence: Teaching Puberty Through Literature, Kinesthetic, and Role-Playing Strategies	<b>O.</b> What’s Love Got To Do With It?	<b>P.</b> The Implications of My Sexuality: A Current View of Sexually Transmitted Infection and Prevention Education

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7:00 - 8:00 a.m.	Registration/Continental Breakfast			
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9:30 - 9:45 a.m.	Break			
9:45 - 11:45 a.m. <b>Skill-Building Session 4</b>	<b>Q.</b> Central Command Needs Special Weapons	<b>R.</b> Teaching Inclusive Human Sexuality to Meet the Needs of Lesbian, Gay and Bisexual Youth	<b>S.</b> The Power of Personal Perspective Presentations in HIV Education and Prevention	<b>T.</b> "Us" + "Them"="We"
11:45 a.m.	Box lunch & Adjourn			



8:15 - 9:30 a.m.

## K1. An Exploration of What it Takes to Achieve the Impossible: Getting Back to the Basics



- ▶ Forrest L. Alton, MSPH, CHES Executive Director, SC Campaign to Prevent Teen Pregnancy  
*Shawnee Ballroom A/B*

Parents, educators, faith leaders and youth-serving professionals all agree that teen pregnancy is an issue that deserves our attention. Lest we need any reminders the media's 12-month rampage from Gloucester, MA, to the Governor's office in Alaska, to Hollywood and beyond has led to a renewed interest in the issue of teens and their sexuality. So, what now? Can we make inroads and actually continue to achieve the impossible task of decreasing rates of teen pregnancy? Absolutely we can, but we have to get back to the basics and we have to do it quickly. While we as adults continue to debate about what to do next young people continue to get pregnant. At this point, the only thing that is unacceptable, is doing nothing!

9:30 - 9:45 a.m. - Break

9:45 a.m. - 12:00 p.m. - Breakout Session 1

## A. Building Partnerships for Youth: Youth Development as a Strategy for Sexual Health



- ▶ Stephen T. Russell, PhD. - University of Arizona
- ▶ Kali Van Campen - University of Arizona  
*Shawnee Ballroom A*



Building Partnerships for Youth is a partnership between National 4-H Council and the University of Arizona, funded by the CDC-Division of Adolescent and School Health. It is designed to build the capacity of professionals and institutions that serve young people. This project supports professionals in educational, health, faith-based, and voluntary

youth organizations to facilitate intentional integration of youth development concepts and approaches into policies and programs, with the goal of helping young people build the skills and motivations to make healthy choices, including abstinence

## B. HIV 101: It's All About Anatomy!



- ▶ Kathleen Courney, MS - Arkansas Department of Education
- ▶ Geri Graham, MS - Minnesota Department of Education  
*Shawnee Ballroom B*



Participants will be provided information on learning styles as they relate to teaching strategies; be provided information on instruction as it relates to brain-based learning; and will be taken through classroom activities that engage learners and address different learning styles while integrating content into skills-based instruction.

## C. Tried and True - Proven Sexuality Teaching Methods for You



- ▶ Gina Goebel, M.Ed. - Southern Illinois University
- ▶ Leslie Whitehill, MS - Williamsport, PA  
*Kansa B*



Favorite websites, lesson plans and media clips will be showcased to familiarize health educators with teen-friendly resources to enhance their sexuality teaching curriculum. Favorite learning activities that engage students while encouraging responsible sexual behavior will be presented. This workshop will be an interactive learning experience with discussion opportunities.

## D. Sex and Violence in School and Society: What Health Educators Can Do



- ▶ Dom Splendorio, MS - New York  
*Kansa C/D*

This workshop will address the problem of sexual violence in schools and society, focusing primarily on teenage girls. Although anyone can experience sexual violence, victims in a large majority of cases are female. Eleven percent of high school girls report having been forced to have sex. 20-25% of college age women experience attempted or complete rape during their college years. Research and statistics will be shared related to the extent of the problem. Classroom activities dealing with sexual harassment, "textual harrassment," ending relationships, stalking and "cyber stalking," sexual assault, date rape, date rape drugs, and other issues will be explored.

12:00 - 1:00 p.m. - Lunch

1:00 - 3:15 p.m. - Breakout Session 1

## E. Applying the Evidence in Selecting and Developing Sexuality Education Materials



- ▶ Lynn Hammond, BS - South Carolina
- ▶ David Wiley, PhD. - Texas State University
- ▶ Kelly Wilson, PhD. - Texas State University  
*Shawnee Ballroom A*



This session will examine results of a study that discovered common use of five distinct negative stereotypes to teach sexuality education. Participants will apply the Characteristics of Effective Sexuality Education Instruction to edit, write and use pedagogically sound sexuality education teaching activities. In addition, participants will be exposed to the Tool for Analyzing Curriculum for HIV, STD, and pregnancy prevention. Also to be presented are challenges and solutions to implementing evidence-based HIV prevention approaches in schools.

## Wednesday - June 10, 2009

### F.

#### STD/HIV Prevention: Keeping It Simple Silly



- ▶ Elissa Howard-Barr, PhD. – University of North Florida

*Shawnee Ballroom B*

This interactive session will present ways to teach STD/HIV prevention to teens in an age-appropriate, realistic and fun way. Methods include discussion, interactive activities, group and individual projects, website reviews, fact sheets, and more. Participants will be actively engaged in recognizing the urgency of increased STD/HIV education, along with the necessity of keeping it simple.

### G.

#### HPV and Other Vaccines for Adolescents



- ▶ Sue Bowden, RN, BS. – KDHE Immunization Program Director
- ▶ Jane Stueve, RN, BSN – Adolescent and School Health Coordinator – KDHE

*Kansa B*



This session will provide participants with current information about HPV and other adolescent vaccines. Gain up-to-date information about HPV (it protects beyond cervical cancer) and other adolescent vaccines, and strategies for incorporating this information into your everyday work in classrooms and with preteens/teens.

### H.

#### Abstain, Postpone, or Protect: Building Safe, Responsible Relationships



- ▶ Su Nottingham, M.A. – Michigan
- ▶ Al Craven, M.Sc. Ed. – Michigan

*Kansa C/D*



One third of adolescents have been involved in an abusive or controlling relationship by the time they leave high school. This workshop will combine usable, student-centered, interactive teaching strategies for recognizing and avoiding unhealthy relationships allowing movement, discussion, and real life “meaning makers” in a non-sexist package.

Strategies such as:

- ☐ “Love Me/Loves Me Not: Recognizing Healthy & Unhealthy Relationships”
- ☐ “Have I got a Deal for You – Refusal Skills”
- ☐ “Be Assertive –NOT manipulative, passive, or aggressive”
- ☐ “Who Do You Turn To?”
- ☐ “Don’t Believe Everything Your Hear”
- ☐ “A Great Catch” and MORE will be experienced.

## Thursday - June 11, 2009

8:15 - 9:30 a.m.

### K2.

#### Weeding Out The Tears: A Mother’s Story of Love, Loss, and Renewal



- ▶ Jeanne White-Ginder

*Shawnee Ballroom A/B*

“Weeding Out The Tears”. A Mother’s Story of Love, Loss, and Renewal was published in 1997. The book is a gripping account of her life since Ryan’s death and her feelings about coping with the loss of her son, her daughter’s loss, remarriage, stepchildren and emotionally charged AIDS issues. In the end, Jeanne hopes that through Ryan’s name and her efforts she will create a better understanding, acceptance and love for people with AIDS.

9:30 - 9:45 a.m. - Break

9:45 a.m. - 12:00 p.m. Skill-Building Session 3

### I.

#### Taking Action to Engage Parents



- ▶ Barbara Flis, BIS – Michigan

*Shawnee Ballroom A*

There has been a long held belief that parents don’t support sex education programs. In this session participants will hear stories of successful parent-led initiatives, identify strategies to increase communication with parents and develop an action plan to fit their school community.

### J.

#### Role of School Nurse in Teaching About Human Sexuality Education



- ▶ Tamara Baker, RN, BSN, MPH – Arkansas Department of Health
- ▶ Debby Woods, BSE – Arkansas Department of Education

*Shawnee Ballroom B*

This presentation will be an interactive learning experience designed to bring practical, skill building activities to the classroom. Targeted for instructors of junior high students, activities will be include knowledge and skill components to build students’ capacity to make safe choices.

## K. Young Black Men – Myths, Realities, and Healthy Futures



- ▶ James F. Bogden, MPH – Director of Healthy Lesbian, Gay, & Bisexual Students Project, American Psychological Association
- ▶ Tommy Amico – Region VII Office of HHS

*Kansa B*



Participants in this interactive session will examine key indicators of African-American adolescent men's sexual health; explore truths, myths, and hypotheses about the personal behaviors and environmental and contextual factors that affect their sexual health outcomes; and determine common characteristics of in-school and out-of-school prevention interventions with credible evidence of effectiveness. The particular challenges of gay, bisexual, and transgender young Black men will be highlighted throughout the session.

## L. Too Sexy, Too Soon: Sex Education Strategies for Middle School



- ▶ Nora Gelperin, M.Ed. – New Jersey

*Kansa C/D*

Middle school students present unique challenges for teachers since their development ranges widely and we struggle to figure out how much is "too much" – especially when some students are having oral sex and others don't even know what oral sex is. This interactive workshop will showcase effective lesson plans to help teachers address sexuality in middle school.

12:00 - 1:00 p.m. - Lunch

1:00 - 3:15 p.m. Skill-Building Session 4

## M. By Youth for Youth: Youth Approved STD/HIV Prevention Concepts and Tools



- ▶ Ashlee Folsom, MA – Kansas City Free Health Clinic
- ▶ Joel Jackson, BA – Project ARK, St. Louis, MO
- ▶ Stephanie Washington, BS – Department of Health and Senior Services, Missouri

*Shawnee Ballroom A*



The Missouri Youth Health Initiative utilizes youth ages 13 to 24 in the STD/HIV prevention planning process. Youth throughout Missouri join Youth Advisory Committee (YAC), which is an opportunity for youth to give advice to health educators about how to better serve youth and provide STD/HIV prevention education. During our workshop, Missouri Youth Health Initiative educators will share what has been learned from YAC about effective STD/HIV education for youth in the Midwest.

## N. Dramatic Adolescence: Teaching Puberty Through Literature, Kinesthetic, and Role-Playing Strategies



- ▶ Betty Rothbart, MSW, MEd. - New York  
*Shawnee Ballroom B*

This workshop will introduce participants to innovative strategies for enlivening puberty education. Through art and movement activities we will explore reproductive anatomy and physiology. Through literacy strategies we will illuminate the diversity of adolescent experience. And through role-play we will experience ways to hone communication, decision making, and critical thinking skills.

## O. What's Love Got To Do With It?



- ▶ Deb Tackmann, M.E.P.D. – Wisconsin

*Kansa B*

Adolescence is a time when hormonal levels spike and infatuations can easily develop. However, at times these infatuations can turn into what is termed a "love addiction." Love addiction is being in an unhealthy relationship as a way for a troubled teen to cope with feelings of loneliness, low self-esteem, abandonment, and a way to fulfill unmet needs from an earlier developmental stage. This type of relationship serves as a numbing out measure to deal with all of the adolescent's unresolved issues. It is an attempt to find something external to fix the unbearable emotional pain and discomfort of growing up in an unhealthy family or feeling ostracized from their peers.

This high energy workshop will demonstrate a plethora of effective activities that empower both adults and youth to understand the complexities of love and infatuation, the effect of technology, media and pornography on relationships, the five languages of love, love addiction, as well as demonstrate communication skills necessary for creating healthy relationships.

## P. The Implications of My Sexuality: A Current View of Sexually Transmitted Infection and Prevention Education



- ▶ D. Dean Kniss, PhD. – Texas

*Kansa C/D*

During this interactive session participants will be introduced to the current epidemiological trends of STI/STD in the Mid-West as well as throughout the United States. Additionally, the participants will be invited to participate in a variety of interactive, hands-on activities currently being used in classrooms and community-based prevention organizations. All activities and materials presented in this session, as well as others, will be made available to participants.

# Friday - June 12, 2009

8:15 - 9:30 a.m.

## K3. Working with Rhythm to Help Fight HIV/AIDS



► Kenya S. Masala

*Shawnee Ballroom A/B*

Engage in a powerful experience of rhythmic collaboration where everyone gets a drum...yes, everyone! Through specialized facilitation, you will be energized and will directly feel the power of working together. We will galvanize our shared vision, celebrate the time we have spent together, and leave feeling inspired and ready for action. No previous musical experience is necessary; this is guaranteed to be a jam!

9:30 - 9:45 a.m. - Break

9:45 a.m. - 11:45 p.m. Skill-Building Session 5

## Q. Central Command Needs Special Weapons



- Sharon Miller, MS – Iowa
- Doug Goodwin – AA – Iowa

*Shawnee A*



Students in upper elementary have grown up in an era of HIV and AIDS. But do they understand how HIV is transmitted or how it could affect their immune system? This interactive session is geared towards individuals working with elementary students. Participants will have the opportunity to learn fun, new interactive teaching methods to help their students become knowledgeable about HIV.

## R. Teaching Inclusive Human Sexuality to Meet the Needs of Lesbian, Gay, and Bisexual Youth

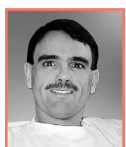


- Kim Phillips-Knope, MSW – Michigan

*Shawnee B*

In this interactive workshop, participants will examine the health and educational risks faced by sexual minority youth (i.e. lesbian, gay, bisexual, and questioning—LGBQ—youth). Participants will assess their current human sexuality curriculum related to LGBQ inclusiveness, and identify opportunities and methods of ensuring the needs of sexual minority youth are addressed. People with all range of experiences in working with LGBQ youth are encouraged to attend.

## S. The Power of Personal Perspective Presentations in HIV Education and Prevention



- Christian Watson, - Olathe, KS

*Kansa B*

This session will model Christian's own personal perspective on the experience of becoming HIV+, and learning how to survive the mental, physical, medical and financial struggle of living with HIV/AIDS.

## T. "Us" + "Them" = "We"



- Sandy Pickert, RN, MPH – Wichita, KS

*Kansa C/D*

Abstinence and comprehensive approaches to teen sexuality education have been discussed by politicians, educators, parents, healthcare professionals, and community leaders; leaving out the most important component in the equation - teens. How the approaches differ and, more importantly, how they are similar, and finding creative ways to work together will ultimately empower teens to make healthy choices for their sexuality, their relationships, and their future.

11:45 a.m. - Box Lunch and Adjourn